

## MADE OF WALKING DELPHI 2017 WEBS WAVES WAYS



### MADE OF WALKING

Made of walking Delphi is a summer school and collaborative-participative event about walking practices, within the 11th Animart Experiential Arts School, Festival and Forum of Contemporary Creativity in Delphi. This second edition in Delphi will take place from 10 July to 23 July 2017 in the town of Delphi and its surrounding villages, the archeological sites and the splendid ancient Delphi - Kirra landscape .

Made of Walking Delphi 2017 focuses on outdoors movement practices and new technology / live electronics, inviting to new ways of co-operation in sound and movement while connected as (micro- or macro-) walking "webs" of people, focusing on flow and movement in the environment.

### MAIN FEATURED ARTIST

Main featured artist is sound artist and composer Ros Bandt (Australia), engaging with the participants of Made of Walking in a collaboration of making a giant illuminated people spider aeolian harp which can be played and moved around by walkers at night, connected with strings. A new sound composition will be played with attached portable speaker sound elements by composer Jon Drummond (Australia). The keynote workshop involves the creation of a "human harp", a group of walkers connected with each other and Ros Bandt, playing the strings that connect them in their walking trajectory, resonating with the ground and the landscape. The performance will afterwards travel through Europe, from South to North. As a group the participants will perform from a graphic walking score, accompanied by stellar electronic sounds..

## CONCEPTUAL THREAD

Evolving the act of walking in sound waves and webs is our conceptual and artistic proposal of Made of Walking in Delphi, focusing on ways of unfolding steps that restore a sound score of the dialogue between humans and the ground. In a broader sense, this rhythmical duet intends an ecologic 'sculpture' of the earth through various walking webs. In order to create an orphic mapping of these "erratic" places and spaces, agents of walk-thinking and walking-arts are invited to create new fields of promenadology, centered around World Listening - 18th of July with topic "Listening to the ground".

## VENUES

- Museum of Delphic Festival - Sikelianos Museum and Garden
- Amphitheatre Aggelos Sikelianos
- Open air spaces in Delphi and surrounding villages
- Korykion Cave
- Ancient path: Korykion cave - Delphi
- Ancient path: Delphi - Kirra
- Athens School of Fine Arts: Annex Delphi
- publicly accessible archeological sites, as Tholos site / Castalian Springs

## DATES

17 - 23 July 2017

Pre-event / residency in preparation of a work or performance during Made of Walking is foreseen from 10 July - 16 July 2017.

## ORGANIZERS

the Milena principle (B) <http://www.themilena.com/>

ArtEAC (GR) <https://animartgreece.eu/2017/en/about/>

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## PROGRAM

### KEY NOTE PERFORMANCE:

#### THE TORTOISE AND THE SPIDER

Durational workshop: 18 - 20 July

World Premiere: 20 July

A sound installation and walking performance. Ros Bandt will perform tortoise music on an illuminated ancient Greek lyre in the Sikelianos amphitheatre. A collaboration between Ros Bandt and the Milena principle. The performance, created collaboratively with all participants, happens at night and will transform a small tortoise harp into a giant illuminated people spider harp that can be played during movement and walking, through the stellar electronic sounds by Jon Drummond a new international pilgrimage is starting together, with a live stream and an online platform inviting to sharing and collaboration, weaving a web of walkers worldwide.

### WORKSHOPS:

#### 1) MEDIA WALKING - NIGHT WALKING

Key words: walking - new media

Durational workshop: 17-22 July 2017

Media walking:

Walking is the thread that weaves together all phases of a media walk production. Walking is the initial research method for generating sensory data, which are then used to produce a route and content of applications. Walking techniques both inform and are enriched by audio- visual techniques used in the production and post- production of audio and video. Finally, walking both conditions and multiplies the uses of the mobile application, inciting locale-aware experiences. In a collaborative process the participants and the artists-tutors will realize a media walk with texts, images, photographs, videos and audios, produced by the participants, based on the experience of night walking.

No technical knowledge or knowledge of coding is needed with the Ojoo platform.

<http://www.ojoo.com/>

### Night Walking:

An invitation to explore the Delphi environment at night. Rather than walking together, participants will walk on their own until a specific given location and record their experience in notes, drawings, video and/or audio. On arrival we will share our experiences, insights and curiosities of the night walk foregrounding this aesthetic experience in the intention/attention/awareness of being in transit, going "somewhere else", and in the simplicity of encounters/conversations.

### People:

Stefaan van BIESEN

Geert VERMEIRE

## 2) SILENCER - MONOCHORD & THE COLOUR YOU ARE

Key words: walking - sound - colors - oriental movement practice

Durational workshop: 18, 19, 20 July 2017 - extendable 21-22 July

The workshop will be extended with an introduction to movement and grounding exercises based on Chi Kung.

Walks / Drawings / Tones / letters / Chi Kung exercises by Stefaan van Biesen.

Shen Dao and energetic feet massages: Annemie Mestdagh

Stefaan van Biesen: Chi Kung and grounding exercises: in the morning and evening.

Annemie Mestdagh: energetic feet massage: afternoon and in the evening.

### The Colour You Are

A total sensorial experience of our environment is only possible if all our senses are redefined in a harmonious perception and 're-fine-tuned' by a 'feeling thinking / feeling thinking'. Color, smell, sound, feelings, are a (higher or lower) octave of each other. On one long imaginary string, they flow from one to the other. All these stimuli and sensations are a manifestation of vibration (or frequencies) at different levels. In this way, the color 'red' is another harmonic manifestation of the tone 'do'. A Scent Of Silence is an exercise in resonance, the awareness that we are more than just 'form'. Everything in the universe is reducible to a number and frequency and is related to each other. We are sensible moving color and sound. During this sensory walking workshop we allow walkers to meet with their individual 'tone' and 'color(s)'. We will use the colors that were defined by the great Russian tone poet and composer Aleksandr Scriabin (1872-1915) (as a homage to this extraordinary musician), who emphasized the strong relationship between tone and color into his own musical compositions. Starting from the Shen Dao system of each person's neutral base color (personalized and determined by year of birth, and linked to the nourishing, soothing, controlling, draining colors and their functions) in relation to the 5 elements.

### Silencer - Monochord

[an instrument for Delphi: the place shapes the sounds]

Pythagoras last request: consonance and dissonance [tuned in A with wound nickel plated string]

Pythagoras conceived the universe to be an immense monochord. HARMONY is a state recognized by great philosophers as the immediate prerequisite of beauty. A compound is termed beautiful only when its parts are in harmonious combination. The world is called beautiful and its Creator is designated the Good because good perforce must act in conformity with its own nature; and good acting according to its own nature is harmony, because the good which it accomplishes is harmonious with the good which it is. Beauty, therefore, is harmony manifesting its own intrinsic nature in the world of form. A monochord, also known as sonometer, is an ancient musical and scientific laboratory instrument, involving one (mono) string (chord).

### People:

Annemie MESTDAGH

Stefaan van BIESEN

## 3) RE-THINKING, RE-IMAGINING AND RE-NARRATIVISING SITE

Key words: walking - narration - observation - meditation

Durational workshop: 18, 19, 20 July 2017 - extendable 21-22 July

Walking as a meditative device for looking and locating / the use of writing, drawing, collecting, photographing as ways of leading to narration.

The outcome is to be in the form of spoken word – performance, possibly but not necessary accompanied by still photograph or video projection.

Workshop program breakdown:

Introduction and search for site (2hrs approx.)

Workshop in observation and meditational workshop (3hrs approx. need not be done on the same day)

Walking the site together / discussion (3-4 hrs.)

Each participant works on their own and in their own time over several days and in between other activities

Collating material / editing and discussion about presentation (possibly a full day)

Presentation / performance

Re-Thinking, Re-Imagining and Re-Narrativising Site Working with a single site and the idea of close-up and fragmentation, rather than seeking to address a coherent whole, we wish to identify and find points of engagement between the self and place: detail of land, nature and modern habitation. We work with a nondescript site, unburdened by any obvious cultural and historical links. For this project we use walking and visitation, narration and conversation, observation and a sense of seeing as initial devices to explore, record and find inventive ways for responding to a specific site through our own creative and poetic practice. Inventiveness in this instance does not refer to something pre-prescribed but a reflexive way of working that refers back to individual connections with the site that may offer fresh perspectives. It is something that emerges in time and over time by being attentive to the specificity of site so that each narrative outcome functions as a starting point, with each narrator offering her/his story (from being attentive to the site) as she/he explores aspects of their connection to the site. So, that each narrative emerges out of encounters with modalities and agencies that affectively shape each narrator's own relationship to the site. The term inventiveness is key in this instance in defining a practice that is relational in the sense of an integrated self that is connected and affected by human and non-human things and objects. The project is also collaborative in that it is developed both on the basis of a reflexive way of working that refers back to individual connections with the site but where the outcomes provide a common complex weave of responses to a particular location. The project will be constituted by initial workshops in observation and meditational ways of seeing with the whole body that will lead to a final collaborative outcome that is textual, spoken and has the element of performance. The intention is to demonstrate a way of engaging with one's immediate environment by resisting any attempts to report from a removed point of view of specialized learning and a position of knowing, or a certainty of belonging, but rather work from a space where knowing grows through affective points of impact that incite each contributor's curiosity.

People:

Haris PELLAPAIOTIS

#### 4) PLAYING THE LANDSCAPE

Key words: walking - found sounds - landscape music

Durational workshop: 18, 19, 20 July 2017 - extendable 21 July

An invitation to improvise and collaborate on the creation of soundworks emerging from 'playing the landscape' and the environment of the Delphi/Amfissa. Locations and times may be multiple enabling as many participants as possible, within time and event constraints. Samples could be recorded, mixed and played at convenient junctures if so desired. A final performance could be played live, or could be listened to as a prerecorded performance piece after 2 – 3 days experimentation (these need not be whole days – perhaps 2 – 3 hours per day, for example). We will discuss and visit possible locations local.

A variety of 'beaters' will be provided and we will find others in the landscape during the workshops. Playing the Landscape, is an ongoing sound project conceived of by Dr. Hilary Ramsden and developed in collaboration with musician, Heather Summers and theatre-music company h2 (hSquared). Playing the Landscape seeks to detect, investigate, improvise and record sounds within a variety of 'scapes' in order to excavate meanings and notions of

place, identity, belonging and memory. The project began in 2008 in Manchester, UK as a literal playing of outdoor sculptures using a variety of beaters (such as drumsticks and xylophone sticks) in order to add an audio dimension to what were considered to be visual art pieces. This work developed into a wider concept of 'playing' other elements within the environment, integrating ambient and found sounds. Since then we have 'played' a telephone exchange, and our local school.

People:

Hilary RAMSDEN

## 5) 22 STOPS

Keywords: walking - butoh - oriental movement practices

Workshop - participative performance : 19 - 20 July

22 sites, 22 improvisational Butoh compositions. During a long durational walk, the body will trace the ancient landscape of Delphi through the Butoh paradigm. Working in 22 particular sites, the body will dance the topos and will create 22 improvisational compositions with a particular emphasis on the use of poetic imagery and the possibilities of distilled movement and sculptural form. The work aims to communicate on a sensory level, not only to reveal that which is less tangible, non-linear, and visually arresting, but also to elucidate the ordinary and the accidental.

Fellow walkers are invited to work with the energy of each site, allow themselves to be moved, and create reflective textual, visual, and somatic documentation of their embodied experience of the journey of "22 stops".

Concept, Creation, Performance: Katerina Drakopoulou

Photography: Ioulia Ladogianni

Video: Tasos Papadopoulos

<https://22stops.com/>

<https://www.facebook.com/22stops/>

People:

Katerina DRAKOPOULOU

Ioulia LADOGIANNI

Tassos PAPADOPOULOS

## 6) INTUITING THE ENVIRONMENT

Keywords: silent walking - meditation - observation - narration

Workshop: 19 and 20 July

There are different ways of knowing things, for instance, through empirical methods as in science where factual knowledge can be verified. We know other things through pure reason where inferences can be based on cause and effect. A third way of knowing is intuition where knowledge is gained through introspection and attentive awareness. The word intuition comes from the Latin verb *intueri* translated as "consider" or from the late middle English word *intuit*, "to contemplate". Plato in his discussion with Meno and Phaedo, describes intuition as a pre-existing knowledge residing in the "soul of eternity," and a phenomenon by which one becomes conscious of pre-existing knowledge. (Wikipedia).

This workshop is inspired by the Pythia and the oracle of Delphi. In ancient Delphi, kings and even ordinary people came to Pythia, the priestess, for guidance and solutions to problems. Many scientific explanations, such as fumes and vapours are given for Pythia's oracular powers. However, one wonders whether an explanation might be a different way of knowing, an enhanced intuition. This workshop suggests that one might be his own 'Pythia' (source of knowledge) by the simple acts of noticing, feeling, recording and extrapolating information towards meaningful dialogues. It will work with narratives arriving out of an interaction with the environment, either in a way of attentive noticing or a creative engagement. We will work towards accessing 'pre-existing knowledge residing in our inner self.' We begin the workshop with a 'centering' of the self. We ask questions. Then we make a quiet walk.

Walking in nature has a calming effect that help access our intuitions. Writers and artists have long used this method- a quiet walk- for accessing pools of knowledge that are difficult to obtain in the routine of everyday living. We walk in a state of attentive 'noticing'. We pay attention to the curve of a branch, the shape of a leaf, the colour of green as it moves towards yellow in the light or blue in the shade. Later we use writing for describing, attending to and gaining insight and information. We discuss and give feedback on our experience, feelings and insights. The workshop will be about one and a half hours. Please bring a small notebook and pencil and a camera or phone for taking photos

People:

Geeta ROOPNARINE

## WALKS - PERFORMANCES - INSTALLATIONS:

### 1) GENUINE CAPTURE

Walk - participative performance : 17 - 22 July

-Medea was a woman, a sorceress, a child murderer and a mother. –

The actress Penny Finiri within her project is looking the genuine and spontaneous expression in the faces of the visitors in order to accompany her next theatrical play Heiner Muller's 'Medea as Material', in 2018.

The actress is looking to replace an acting approach of Jason, Nurse and Medea in the play, with the 'true' reaction that she will find in the faces of the daily expressions of the participants. This will be accomplished by the 'first capture technique' which is an extreme close up to the face during an interview with them.

The project will be carried out in two phases:

The first phase will emphasise the embracement of nature around us with a long walk to the Delphic Oracle and the Ancient Stage, with an attempt to sense Medea's detachment with the state of belonging as well as the sense of emptiness that can be created within the space. During this adventure the actress will introduce us to the text of 'Medea as Material'.

The second phase will take place in the same natural environment with the form of an interview in front of the camera. The interview will include irrelevant questions to the play in order for the participants to respond based on their own will and instinct.

The video clips will be available to the participants if they wish when the festival ends.

People:

Penny FINIRI

### 2) THE MISSING HERD

Walk and performance : July 17 and July 20

The place of Delphi, the ancient sanctuary at the foot of mount Parnassos. The sanctuary with the temple dedicated to the Greek God of Music Apollo. With Pythia at the oracle who throughout the ancient classical world was consulting the people about important decisions. The surroundings with shepard who feeds his animals on the prairies of Parnassos. We cannot bring back the sanctuary with Pythia but we might be able to revive the sounds of the "The missing herds" that disappeared from the area due to urbanism of the region and the tourism. A walk with various sizes of animal bells as a uniform that they will create a sound based on the pace of walking with the shepard's flute to accompany from time to time.

"The missing Herd" a walk and one man's performance is going to start from the uphill's of Parnassos mount and will come downslope towards the pass by brook for the watering of the herd at the dusk. This shows the change of fauna and flora of the area due to the urbanism and the tourism that are flourishing at the moment. Instead of animal bells and the shepard's flute the air is contaminated by the busses smog and noise. The bells in various shapes and different sounds will be attached on the body of the performer like a uniform in order the sound to be more hard and rich and from time to time will be accompanied by the shepard's flute, homage to Apollo the God of the sanctuary and the music. These pastoral scenes will give richness to the environment and as soon as the performer approaches to the congregation place will perform different tasks imitating the structure cartoon movements.

The project is a revival of the lost elements and rituals of the region and tries to give sound and revive bucolic scenes that have disappeared due to the so called development of the region. The open air walk and performance with the gestures reminds of the Dionysian festivities. The natural sound of the bells and the accompanied flute will give the air the vibes of an alive country side and fill in the emptiness of the plat at the time been.

People:

Panagiotis LEZES

### 3) THE VOWS

A walk and site - specific installation : 17 - 22 July

Every act looks for a purpose, direct or indirect.

As you climb to Delphi, you will seek to something. This depends on your era, your mood, your faith, and as it often happens, you will see what you have already decided. Even Pythian oracles were usually interpreted according to the applicant's predisposition.

There is a tradition in Russia, the traveller attaches a scarf to the places where he passes by, as a promise to return again. Turkey's Shiite Alevis have a similar tradition of tying pieces of cloth as a vow. The site specific installation of the Vows brings together the different traditions and cultures, as it happened during the time of prosperity at Delphi, while at the same time, it is built as a hidden treasure of looking for the Reason.

People:

Aliki ARNAOUTI

### 4) FOUND THREADS

Participative installation : July 17 - 22

The human being has always been moving for survival or progression. Memories, customs and traditions are his only heritage - House.

In a shifting period the traditional patterns are not reproduced the same. Someone can 'knit' their own history by taking the "found threads" according to their measures.

The artwork can be in a continuously change (like humanity). It can be applied in any space, be rolled, be stretched and fit in a suitcase. Every time that it will be exhibited it will be in a different form. The process of the installation could be a performative process in a public space, calling the audience to add their woven pieces. As a result the artwork will be a socially engaged practice. Inspired from the urban and natural environment and the history of Amfissa, Alexandra sets up an installation using weaving techniques. The installation will be an interactive process with Amfissa's residents, by asking them to add their woven pieces on the existing artwork "Found threads".

People:

Alexandra PAMBOUKA

### 5) HIDDEN SPOTS

Participative installation: 17 - 22 July

The idea of the proposed project is based on mapping "hidden" images and spots of Amfissa village. The artist will try to capture small details of known or unknown places in the village and let the public „guess" the specific area of the spot. The artist will print the images and place the posters in different places in the village, leaving a blank space under the picture so the public can write or intervene in any manner on the poster creating in this way a synthesis and a dialogue of different perspectives on the specific spot.

People:

Maria LEONIDOU

## 6) A LIBRARY OF WALKS

Installation: 17 - 22 July

A digital library of the Milena principle walking projects [+ WIT Urban Team] since 2004.

Walks and walking related projects of the Milena principle in Europe, often have a halo of volatility by their nomadic nature and their explicit temporality. Often the registrations are only what is left of these events. For 11th Animart 2017 these video en sound documentations are collected and shown for the first time together in Delphi, Greece.

<http://www.themilena.com/filmarchive.html>

People:

the Milena Principle

## 7) CALL AGAIN

Walk : July 21

On Friday 21 July 2017 Frans Van Lent will be walking somewhere in the South of France. Call him between 13.00 and 14.00 (CEST). He will not answer your call but instead he will make a photo of what he is looking at on that specific moment. He will then send this photo to the number that showed up on his phone. To you. Facilitated by Geert Vermeire.

People:

Frans VAN LENT

## 8) TO THE PATH OF THE STARS

Night walk : July 17 - July 22

To the paths of the stars

*In space, my senses erect their antennae,  
To distinguish the noise which arises from the noise that dies;  
I seek in heaven which star is mine,  
I seek the forgetfulness that is always elsewhere.  
The stars that shone for others, I carry them,  
And I will, attentively, through the humans,  
Considering that my star, another one brings it to me,  
And we emit our stars along the way.  
(Jovette-Alice Bernier, Les Masques déchirés, 1932)*

Seize the places, in a poetic dance movement, in resonance with the sun and the sky, with the heart / chorus, echo of a motivation to reinvent the world while walking. To grasp in a breath, the entity of its being in kinesthesia. Capturing slowness inside a paper trace ... To look at the eye, to set the day to settle, to stretch the night to meditate.

Through the danced body deployment, inspired by his deep motivation, a proposal to listen to the landscape otherwise, surprised by the audible smile the ground, anchoring / inking, drawing his sensations in space. Play with the respirator of the stars, the focus of aspiring us elsewhere, deeper inside our BEING.

A hike to allegories. Ears let themselves be lulled by the sound offerings, we will unite our movements by the wire, by graphical scores, but especially by our performative state of the present moment. Settle down, encrust and taste the breath that inhabits us in synergy with the architecture. Listen to the music of places. In the hollows of the verdant At the edge of the heart In the Shadow of All Possible. Dance and Walking with humanity

People:

Isabelle CLERMONT



## 9) JUST A WALK

Walk: July 22

A 9 km (3.3 hours) walk in own pace following the ancient path from Corycian Cave to Delphi, descending the Delphic landscape, taking an ancient route followed by worshippers of Pan. There is no intention, but to embrace an unknown territory, a place still to be explored, as a state of mind/being, not only during walking but in all actions around it, creating a durational moment of coincidental connecting with people and allowing the landscape to become a mirror. Picknick on the way.

Transport from Delphi to the Corysian Cave in the early morning by shared cars or taxi.

People: Geert VERMEIRE

## 10) CHRONOTOPIAS

Research - installation: 15 - 22 July

Eleni Demetriou will be exploring the relation between the landscape and the outdoor artistic interventions. She aims to observe a selection of activities and in particular the artistic walks, as a way of familiarization with the space's historicity. The purpose of this exploration is to understand the way in which the spaces of the various interventions communicate with each other through the activities taking place in them, by studying the content of the activity and the way it relates to space.

By applying the method of participant observation, she will explore the inscription of the artistic interventions in the historical time and space, collecting photographic material and conducting interviews. Depending on the material that she will collect, she will map, by the end of the festival, the relations between the selected interventions. This cartography will take the form of an installation of photographs in various spaces of the festival, creating the opportunity of interaction between the creators and the public. By turning the attention of the participants to potential traces that the artistic interventions left in the space, in a way that they are marking their presence in those spaces, she will call the participants of the festival to re-examine these interventions. A visual and kinetic pathway will be traced in space, materialising the relation of the historical time to the present time of the festival.

People:

Eleni DEMETRIOU

## OTHER PERFORMANCES:

### 1) INVOCATION TO THE MUSES

Concert - recital

World Premiere

16 July - 19 h

The event includes a series of new works responding to the Delphic hymns in stone with readings in ancient Greek by the scholar Arthur McDevitt. Live performance on historical winds, lyre, wooden aulos and traverse flute, will metamorphose also the texts of fragments by Athenaios, Limenios and Mesomedes.

People:

Ros BANDT

Arthur S. McDEVITT

### 2) FROM THE CASTALIAN SPRING

Concert

World Premiere

July 17 - 22 h

New commissioned work to celebrate 90 years of Delphic festivals, to be live streamed internationally <http://www.hearingplaces.com/live-events.html>

Ros Bandt and Jon Drummond (live electronics and video) will celebrate these 90 years since the first Delphic festivals, at the Museum of Delphic Festivals - House of Eva & Aggelos Sikelianos illuminated courtyard performing a new work especially for the occasion.

An underwater video from the waters of the sacred spring will be interpreted as an contemporary oracle.

People:

Jon DRUMMOND

Ros BANDT

### 3) FIVE FACES OF MEDEA

Video projection & Performance

July 17 - 22 h

The five different states of Medea, 1. Beguiling foreigner, 2. Shrewd alchemist, 3. Desperate and pitiful, 4. Hateful revenge, 5. Voiceless, stripped of reality through her own actions.

Ros Bandt (composer - performer) with Jon Drummond (live electronics) will metamorphose this piece for 5 videos, live performance, voice, recorders and percussion with live electronics by Jon Drummond.

People:

Ros BANDT

Jon DRUMMOND

### 4) DELPHI SOUND CAPTURES

Field recordings

July 15

The current activity involves the multiparametric recording of theatre performances of Ancient Greek dramatic literature and poetry works taking place in the wider archaeological site of Delphi in the framework of Animart 2017, aiming to further study the interaction between these acts, their linguistic and paralinguistic elements and the sound environment, or the generic context in which art events related to Ancient Greek dramaturgy and poetry are perceived and comprehended today.

In order to deal with this relationship, we will explore the ways in which different sounds - human, animal, physical - coexist in the Delphic landscape before, during and after art performances and how they interact with other audience's modalities.

At the same time, we are aiming to analyze the different types of sounds that signal, define and / or create the conceptual space of an artistic performance and how they can co-shape the experience of the audience based also on their immediate landscape. The recordings will reflect the indefinite and continuous "sound tracks" from past to present as well as the interaction between the sound and the social space and, why not, the religious or ritual structures' ambiances, such as the Delphic mysteries.

The recordings will enrich the LECAD (Laboratory of Environmental Communication and Audiovisual Documentation - UTH ) sound database and contribute into compiling and generating new compositions and multilayered field soundscapes.

Project Team:

Spyros Papadopoulos

Nikos Vamvakas

Elena Mantzari

People:

Spyros PAPAPOULOS

## CONFERENCES:

### 1) ARTIST'S TALKS

17 - 22 July

All artists involved present on daily basis their work.

### 2) SCHOOLS OF WALKING

16 - 22 July

A talk, which is illustrated by visual examples from students work, inviting other educationalists, who are interested in walking as a form of pedagogy, to a round table discussion.

People:

Haris PELLAPAIOTIS

### 3) SONIC METAMORPHOSES

July 21

The artists will present the technological processes in the site-specific works they created for Delphi.

People:

Jon DRUMMOND

Ros BANDT

## PRE-PROGRAM / RESIDENCY:

July 10 - 16

People:

Matilde Cánepa GONZÁLEZ, visual artist

Adrian TAJAJ, athlete

Leand KALAJA, visual artist - athlete

Rubin KADIU, visual artist

### 1) MOVEMENT AND ARTS

Workshop - conference

July 14

The first part of the workshop will be executed in nature, by Ardian Tafaj - athlete, in or around the amphitheater, with all participants, relating the present and the antiquity. We originate from nature and connect our being with ancient practices relating sports and outdoors.

The second part will be a conference by Leand Kalaja. He will talk about his collaboration with the athlete Ardian Tafaj and about artistic concepts and ideas inspired by his outdoor movements in sports, including the screening of an art video made by both.

People:

Adrian TAJAJ

Leand KALAJA

### 2) ALTERIDAD

Participative installation

July 16 (morning)

I propose that people have an experience with circular space, creating a kind of spiral opening. Visual metaphor, as cosmogonic origin of the planet and its constant relationships in interconnection. Explore in group the creation of an installation, with natural elements.

The workshops I am teaching are totally dynamic and experience using materials to a plastic and creative language, where each participant has an enriching process from the personal and in contact with the collective in empathic and constant relationship with the group.

The proposal is of collective creation, of an installation, is directed to anyone who wants to explore from the creative and playful, the realization. I suggest that each person bring natural elements small pieces of wood, small stones, flowers.

People:

Matilde Cánepa GONZÁLEZ

**MADE OF WALKING** happens within the context of **11th Animart / Festival - Summer School and Forum for Contemporary Creativity**. A complete overview of all the events of the festival including theatre performances, exhibitions, conferences, seminars and workshops on: <https://animartgreece.eu/2017/en/events/>

#### PEOPLE:

##### **Aliki ARNAOUTI Visual artist, Greece**

Aliki Arnaouti was born in Athens. She has a BA in Theatre Studies (National University of Athens, Greece) and a Master of Arts in Scenography (Royal Central School of Speech and Drama, U.K.). She has attended stage design and costume design courses with L. Chrysiopoulou and painting courses with St. Skiriris.

She works as a visual artist in the fields of video art, video installation, augmented reality installation and as a freelancer photographer and video maker in Greece and Switzerland. She has designed scenography and costumes for theatre and dance theatre performances in Athens and London. She teaches theatre in amateur groups, while in the past she taught the course of Scenography - Costume Design and Mask Manufacturing at the certified Drama School Athinaiki Skini and the drama courses in the domain of public elementary education.

During the last year, her last video art installation and augmented reality installation works were presented at the International Festivals of Multimation Athens Animfest 2017, "Aeschylia" of Elefsina Municipality 2016, the exhibition "Mediterranean Bodies" 2016, etc.

Aliki Arnaouti's mixed media art works belongs in private collections in Greece, Switzerland, Austria, France and Germany.

##### **Ros BANDT Sound Artist, Australia**

Ros Bandt is an award winning international sound artist from Australia who has created a star studded practice of sound art, electroacoustic composition, sound installation, inventions, performances, original instruments, books, CDs and writings. She has made unusual environmental sculptures such as the 107 String Aeolian Harps at Lake Mungo, interactive mixed media installations such as the Coathanger installation with TVs, 1977, interactive sensed spatial music systems, audible paintings, sound playgrounds, permanent public art, live performance art with international artists, and played in bands from early music to noise.

Recently she has become the Tarhu nomad, divining her sensitivity to place through the bowed spike fiddle, and electro-acoustic site-specific recordings.

She has composed in five world heritage sites including Keramikos in Athens, the Yerebatan Cistern in Istanbul and Ggantija in Malta. She is famous for her soundings of unusual acoustic spaces such as wheat silos, water tank (her first vinyl, Improvisations in Acoustic Chambers, 1981), limestone quarries (Mt Gambier 1987), swimming pools (Florida 1989), salt mines (Austria 1993), historic buildings (Warsaw 1994), and Japanese underwater environments of the Ama (2005-8).

She has pioneered the use endangered sounds in her installations and radiophonic works since the nineties, contributing to environmental and sound culture awareness, recording and interpreting Indigenous and multi-cultural languages in change, native wild life, old machinery, lost classical languages, Goatherd songs of Crete, the endangered sound of the Isobue, Japanese Sea Whistle, and the fleeting sounds of Aeolian harps and casuarinas.

Her CD Sonic Archaeologies contains award-winning works of the archaeology of the land, Mungo and the archaeology of the word, Thrausmata, ancient Greek for Fragments. These were both commissioned by the Studio of

Acoustic Art in Cologne at the West Deutscher Rundfunk. In 2009 Mungo was exhibited as an installation at the Artium Gallery Japan for the international Mind in Sound Exhibition.

She has just collaborated with international artists in Hania, Crete for the exhibition Listening through walls, interpreting ancient sites in Malta with tarhu and electronics, and touring Birdsong with Trio Avium, playing baroque recorders in Tuscany with Ornithologists.

In 2014 her commissions included Windharps for 10 harps installed in a giant spiders web for the International Harp Conference in Sydney and Raptor, a 6 channel electro-acoustic work for Arizona's ListenN festival.

Her music is elegant and lush, engulfing and demanding. Her sound palette and sound art are unique, sculptural and performative, such as playing glass music to videos of Jellyfish, or the outdoor Blue Gold on a lake with musicians, balance beam bamboo sculpture and video projections.

As well as her original work she curates large events such as Beaming the Theremin and Hearing Place international audiotèque. She has founded the Australian sound design project online gallery and database of sound designs in public space in Australia, [www.sounddesign.unimelb.edu.au](http://www.sounddesign.unimelb.edu.au).

With her other academic publications she won the award for excellence in academic research at the University of Melbourne.

She has a PhD in musicology from Monash University.

She has been awarded Australia's highest honours, the Don Banks Composers Award, The ABC sound artist in residence, the Sound Art Australia prize, the National Film and Sound Archive Cochrane Smith Sound Heritage Award, and in the USA, she became the Inaugural Benjamin Cohen Peace fellow for Innovation for her sound installation Altars of Power and Desire.

She is published by Wergo, New Albion, EMI, Pozitif, Move Records, L'agent des refuses, Cambridge Scholars Press, Fine Arts Press, The Australian Music Centre, Sonic Gallery, and Hearing Places

[www.hearingplaces.com](http://www.hearingplaces.com) [www.rosbandt.com](http://www.rosbandt.com)

#### [Matilde Cánepa GONZÁLEZ Visual artist, Venezuela](#)

Matilde Cánepa González is a multidisciplinary plastic artist from Caracas (Venezuela) and she has a long history in the field of creative emotions, creative processes.

Talking about her work, their elements, their order on a surface, the material. Better say, she approached yet feel away immediately. She feel that access to it thanks to a lofty knowledge and contrary to the luminous and solar it may be, she goes to the labyrinth of emotions with Ariadne's thread. Map outlining signs, symbols, geography favoring another. Sometimes she is coming from a childhood stroke, or the graphics of tribal cultures, or the development of alphabets so playful recreation. One day, after then and continue to seek significances. From her human experience of going around her with other memories. Among circles totaled a sense of the world. Do not be the person of the caverns and liken both to her in this saying, to sublimate, in this perception finicular of now.

Presence of original forms to exist beyond a system and a speech. Continuity, private, intimate. Series looking at the animal, safeguard their rights of territoriality. No such council preserved from sedentary culture. Shamanic circles, spins matrístico, center, goddess, woman magician, witch, you offered up my limits and our creative infinity.

<http://matildecanepagonzalez.blogspot.com.es/>

#### [Isabelle CLERMONT Interdisciplinary artist, Canada](#)

Isabelle Clermont holds a Master of Visual Arts degree from Laval University in Québec, Canada. She is a multidisciplinary and performance artist and creator of immersive worlds, and her projects offer, in particular, a polyphony of senses through the creation of intimate and sacred spaces of meditation. The artist's work has a strong relational aspect and is largely based on a quest for humanity and offering, transcendence and transgression, embodied through an imposing presence. Isabelle Clermont's installations express a 'total art' that evolves within the paradoxes of strength/fragility and different states of metamorphoses that are characterized by the simultaneous use of numerous media (drawing, sculpture, video, sound). She is inspired by the purity and organic quality of gesture and thus creates a sensitive contact with the spectator - and in order to be at one with the present moment, she uses ritual and repetitive gestures as important elements in her creative process. Imbued with a powerful intensity in her performances, the artist sculpts the matter of sound, imparting to it the same visceral quality as visual matter, both of which contribute to the creation of space.

[www.isabelleclermont.com](http://www.isabelleclermont.com)

#### [Eleni DEMETRIOU Sociologist, Cyprus](#)

Eleni Demetriou has been born in Nicosia. She has studied Sociology at the University of Cyprus and the University of Aix-Marseille, with a specialization in Sociology of Culture and Information. For her master's degree she has studied the construction of the historicity of the city of Aix-en-Provence through the case of Saint-Pierre's cemetery, for the study of which she has applied a variety of methods, such as cartography, in situ observation and visual sociology.

She has participated in theatre groups, for which she has designed the costumes, and she has co-organised theatre workshops for children. Moreover, she has attended a series of History of Contemporary Art seminars at the School of Fine Arts of Aix-en-Provence, and she has undertaken an internship of cultural mediation at the Museum of the Civilizations of Europe and the Mediterranean, in Marseille. She practices photography and a series of her photographs has been published in Straw Dogs Magazine.

She is interested in transdisciplinary sociological and artistic research.

#### [Katerina DRAKOPOULOU Actress, Performer, Greece](#)

Katerina Drakopoulou is an actor/performer, Butoh dancer, and physical/dance theatre trainer. Following her postgraduate studies (MA in Ensemble Physical Theatre, University of Huddersfield; MA in Performance, Goldsmiths College; BA in Drama and Theatre Studies, University of Kent), she worked as a Lecturer at the University of Leeds and at Manchester Metropolitan University. Since 2010 she has been running classes and workshops that focus on psychophysical approaches to acting. She has performed in various productions in Greece, England, Japan, and the U.S., and has collaborated with world-renowned Butoh artists such as Tetsuro Fukuhara, Valentin Tszin, and the Torifune Butoh-Sha Company. In March/April 2016, she worked as a facilitator for the Marina Abramovic method at the Benaki Museum in Athens. In April 2016, she presented her new solo, long-duration, site-specific Butoh performance, entitled "22 stops" at the "In Progress Feedback Festival". Since then the work has been presented in various festivals: at the Benaki Museum in the context of "[Mis/Dis] Placed: Performances" at Athens Photo Festival 2016, at Beton7 in the context of the "Visions – V Ideas, Performances, 3rd Edition", at Treno sto Rouf in the context of Compartments Dance Project, and at Romantso in the context of Multimation – Metamorphosis #1.

<https://22stops.com/>

#### [Jon DRUMMOND Composer, Academic, Australia](#)

Dr. Jon Drummond is a sound artist and composer whose work explores interactive electroacoustics, robotics, sonification of natural phenomena, acoustic ecology, and real-time interactive performance systems for acoustic instruments.

His works have been presented at many festivals and conferences, including The Adelaide Festival, the International Computer Music Conferences, New Interfaces for Musical Expression, and the World Forum for Acoustic Ecology.

Jon currently holds the position of Senior Lecturer, Media Arts & Production / Sound & Music Design Program in Faculty of Arts & Social Sciences at the University of Technology, Sydney.

He is co-director of the Creativity and Cognition Studios. His research interests include human-computer interaction design, new interfaces for musical expression, gesture analysis, improvisation, sound spatialisation and data sonification.

2016: Light Traces for light controlled analogue music and video synthesisers. New Interfaces for Musical Expression 2016 (NIME 2016), Queensland Conservatorium, Griffith University, Grey Street South Brisbane.

2015: Electrofluorescent Hurdy Gurdy (Michael Atherton) and Live Sound Processing, ABC Classic FM Physical Meets Virtual, The 2015 Annual Conference of the Australasian Computer Music Association.

2015: Mossbot, SynC. Moss and Robot 107 Projects Redfern.

2013: EchoSonics: Twittering Machine (2013), Sonification of Twitter feeds via physical computing. International Symposium on Electronic Art ISEA 2013.

2013: EchoSonics: Flowforms, (2004-2013), Sonification of water flow. International Symposium on Electronic Art ISEA 2013.

#### Penny FINIRI Actress, Cyprus

Penny Finiri was born in Cyprus in July of 1989. She studied acting at the National Theatre of Greece where she graduated with first honour degree in 2010. She returned to Cyprus where she worked professionally as an actress in several plays and Tv Shows. She directed her first theatrical play '45 minutes fairytales and truths' in 2014. A year after, she created with her collaborator Andreas Makris, the theatrical team called 'STAGE 8', and the first play of the team 'Fairytale heart' by Philip Ridley was awarded as the best performance for teenagers for the years 2015-2017 by the Theatrical Organisation of Cyprus.

In 2014 she visited Germany in order to complete a course at LISPA about the Jacques Lecoq technique. Following this, in 2016 she went to New York at the New York Film Academy where she studied 'Acting for Film'. Furthermore, she participated in several workshops such as a seminar about Shakespeare with Sue Dunderdale and Ivana Chubbuck technique with Christos Vassilopoulos.

Some of her most important works include collaborations with the directors, Sifis Vardakis, Lea Maleni and Magdalena Zira.

#### Ioulia LADOGIANNI Visual artist, Greece

Ioulia Ladogianni is a visual artist, specialized in photographic image and in fine art as social practice. She took part in group exhibitions in Greece, England and Spain. Her work was displayed in a solo exhibition during the International Month of Photography in Athens. Her latest work, 22 stops, displayed at Benaki Museum during Athens Photo Festival and the Beton 7 gallery.

She has a BA (Hons) degree in photography and fine art as social practice from the School of Art & Design of Wolverhampton University in the U.K. She is photography teacher in several Colleges and seminars of creative photography. She is a member of Chamber of Fine Arts of Greece.

#### Maria LEONIDOU Visual artist, Cyprus

Maria Leonidou is a visual artist and currently she lives and works in Cyprus. She studied Visual and Applied Arts for her BA at Aristotle University of Thessaloniki in Greece and then she proceeded for her Master Degree of Fine Arts at the Birmingham school of Arts in the UK. She participated in several group exhibitions, residencies and workshops.

#### Panagiotis LEZES Visual artist, Greece

Panagiotis Lezes, born in 1958, lives and works in Athens studying Visual arts at the American College, Deree, Saint Martin's College, and workshops at the Art Student League. He served as a bureaucrat in public service for the Ministry of Finance for more than 30 years. As a young artist but a mature viewer, his methodology involves copying real life by digging deeply into his own thoughts. His arrangements are schematic, inviting the viewer to move into a space of speculation. In his performances, the human mimic language emerges. He believes in a dialogue with the given potentials in nature and real life. Lezes envisages turning art into reality.

#### Arthur S. McDEVITT Classical Scholar, Australia

Arthur McDevitt is a classical scholar who studied classics at Cambridge. He taught Latin and Ancient Greek language and literature in Australia at Armidale and Monash Universities. He is an expert on Greek Tragedy and has made a new translation with commentary on the Victory Odes of Bacchylides published by Duckworth in the UK.

He has recorded the ancient Greek for Ros Bandt's Thrausmata commissioned by the Studio of Akustische Kunst, WDR Koln published on Ros Bandt's Sonic Archaeologies CD, Move Records and has performed with her at major festivals in Australia and Greece. Most recently he has collaborated on Demeter for the tarhu Connections double CD.

#### Aris Michalopoulos Visual artist (Greece)

<http://www.arismichalopoulos.com/>

#### Annemie MESTDAGH - Collaborator the Milena principie / Health coach, Belgium

Practicing Chi Kung, Tai Chi and the Shen Dao system: colour advise for rooms and energetic body harmony. Food advise for health. Ecology and nature. Working as a photographer, web design, production assistant of the Milena principle. Lectures about foot reflexology and workshops. Working on art projects about awareness and body balance. [www.themilena.com/](http://www.themilena.com/)

#### Alexandra PAMBOUKA Visual artist, Cyprus

Alexandra Pambouka was born in Nicosia, Cyprus in 1993. She graduated from the Fine Art School of Florina in Greece in 2016. She has participated in several group exhibitions, projects and workshops. She has been an apprentice in basketmaking in the UK for six months. She is currently discovering the field of basketweaving in Cyprus. She aims to create contemporary artworks using traditional craft methods, inspired by nature.

#### Tassos PAPAPOPOULOS Visual artist, photographer

Tasos Papadopoulos is visual artist specialized in photography. He took part in group exhibitions in Athens, Thessaloniki, England and Spain.

He got a Ba (Hons) in Photography & Fine Art as social practice from Wolverhampton University and Msc in Cultural Management from Panteion University. He works as a photographer and videographer. He is teaching in several seminars in creative photography. He is a member of Chamber of Greek Visual Artists.

#### Spyros PAPAPOPOULOS Sound artist - Professor, University of Thessaly

Spyros Papadopoulos is an architect (PhD from the Polytechnic University of Madrid), director of documentary films and media artist. He is Professor of Architecture and Chair, Department of Architecture, University of Thessaly, Greece.

He is actively involved with audiovisual media and multimodal design in the fields of architecture and visual arts researching the interdisciplinary interaction among contemporary urban design issues and new technology. His work was presented at several exhibitions and film festivals. He was the scientific coordinator and the director of the television program "Metalocus", dealt with the contemporary perception of visual arts and urban culture (Channel Seven, 2000). Since 1999 he has been the co-editor of the international journal "Metalocus", which has been awarded for the dissemination of architecture. EscapeLab is a research laboratory based at the Department of Architecture, University of Thessaly which brings together physical and digital reality. His research interests focus on hybrid landscapes, audiovisual media and communication technologies. [Collaborators: Nikos Vambakas]

[www.spirospapadopoulos.net](http://www.spirospapadopoulos.net)

[www.escapelab.net](http://www.escapelab.net)

#### Haris PELLAPAIOTIS Researcher, University of Nicosia, Cyprus

Haris Pellapaisiotis is Assistant Professor in the Department of Graphic Communication and Multimedia at the University of Nicosia. He lectures on photography and visual art studio practice. Prior to his re-settlement in Cyprus in 2001 he lived in London where he lectured on photography at Goldsmith's College, University of London.

His work has been shown at various international venues.

He is a PhD candidate at the University of Reading, Department of Art currently working on an art-research project entitled Walking Narrative: towards a blueprint for an affective map of Nicosia using aesthetic tools of engagement.

#### Hilary RAMSDEN Performer -Academic, UK

Hilary Ramsden is a researcher and activist whose practice involves a particular (and possibly peculiar) weaving of walking, physical and visual theatre, street arts, rebel clown and movement which seeks to interrupt our assumptions and perceptions of our surroundings. Her interest in the potential of walking as a different way to access creativity and provoke dialogue leads her to work and walk collaboratively with others as much as possible. She creates performance interventions and opportunities for conversation and dialogue in cities (and also in her local rural West Wales village) which explore the ways we inhabit and engage with our neighbourhood and local environment.

She was member of the internationally acclaimed Siren Theatre Company, Co-founder and Artistic Director of Walk & Squawk Performance in Detroit, USA and a co-founder of the Rebel Clown Army. Her research and performance practice focuses on collaboration and interdisciplinarity and she performs internationally as well as in the UK. She is currently Senior Lecturer in Drama & Performance at the University of South Wales in Cardiff, UK.

<http://staff.southwales.ac.uk/users/7695-hramsdn>



#### [Julia RÉDEI - Writer and Walking Artist, UK](#)

Julia Rédei works as a Lecturer in German at Regent's University London, and is a writer of short fiction and poetry. She hosts collaborative writing workshops and leads exploratory walks. Born in Germany, she lived in China in the 1980s and in the USA in the 1990s before moving to London in 1996. She has been practising yoga for over thirty years, and in 2013 she started studying Tai Chi and Chi Kung in the Wudang tradition, with regular training in London and residencies in the Wudang Mountains, China. She speaks German, English and Mandarin Chinese and is interested in the way the language we use while walking shapes our experience of movement and space.

#### [Geeta ROOPNARINE Visual artist, Trinidad/Greece](#)

Geeta Roopnarine (Trinidad/GR) is a visual artist. Her art practice is multidisciplinary, working across the fields of painting, sculpture and writing. She was born in Trinidad and Tobago and lives in Athens, Greece. She studied sculpture at the School of Fine Arts in Athens and has exhibited in solo and group exhibitions in Greece and abroad. In addition to her practice, she teaches art to adults and sometimes gives workshops in creative Self-Expression.

#### [Adrian TAJAJ Athlete - Trainer, Albania](#)

Adrian Tafaj was born in February 26, 1985. He is from Albania, Tirana, graduated from the Academy of Sports. His sports career has started with boxing as a national champion.

Nowadays Ardian has created his sports training program and he is followed by everybody who needs to be training. He does personal training and organises his theory and performance program at different high schools as a workshop about sports dimension and philosophy of movements. Ardian has participated at TV shows about artistic performance and collaborated on short movies.

#### [Stefaan van BIESEN - the Milena principle / Interdisciplinary artist, Belgium](#)

Visual artist, writer, sound art, walks: silence as an artistic condition. An associative solidity between thinking, acting, environment, well-being: 'how do our thoughts manifest themselves via acts in our environment and to what extent do they contribute to our well-being?' Worked in Belgium, Netherlands, France, Germany, United Kingdom, Poland, Italy, Greece, Cyprus, Portugal, Brazil and China.

[www.stefaanvanbiesen.com/](http://www.stefaanvanbiesen.com/)

#### [Frans Van LENT Photographer, Performer, Academic, Netherlands](#)

Frans van Lent is a Dutch contemporary artist with a peculiar interest in photography and performance. He lives and works in Dordrecht. He teaches at the Willem de Kooning Academy in Rotterdam, Netherlands.

<http://fransvanlent.nl/>

#### [Geert VERMEIRE- the Milena principle / Artist, Curator, Belgium](#)

Curator, artist and writer, working and living between Greece, Portugal and Belgium, with as main field an artistic practice focused on the performative, mixed reality and social practices, with the body in public space, community involvement and ethical involvement of cultural action as key elements. His writing activity meets with immersive formats of arts and extends to an interdisciplinary and artistic research involving walking, stimulating creative collaborations among others between choreographers, sound artists, new media artists, architects and writers. Together with Simona Vermeire, he is curator of Made of Walking II in Delphi.

#### [MOVEMENT ARTISTS/DANCERS:](#)

Lina Efstathiou (GR), Aliki Georgouloupoulou (GR), Medea Kastanou (GR), Marianna Makri (GR), Eleni Nakou (GR), Eleftheria Rapti (GR), Nefeli Stamatogiannopoulou (GR), Ioanna Thanou (GR), Chara Tzoka (GR)

#### [Lina EFSTATHIOU - Dancer, Choreographer, Dance teacher, Greece](#)

Dancer, dance teacher and choreographer, started dancing at the age of 4. She has studied ballet, contemporary and jazz dance. Has also attended seminars of tango argentine, musical and devised theater, tai-chi and yoga. She has participated in several dance and movement performances and since 2015 she is also dancing and choreographing for her own group "Liquid DanceTheatre".

[Alik GEORGOULOPOULO - Dancer, dance teacher, choreographer and Hatha Yoga instructor, Greece](#)

She studied dance successively at the Matey Dance School, the Greek National School of Dance and the Professional Dance School of Despina Grigoriadou. In 2013, Alik received her diploma from the Yoga Academy NYSY Studios. She has attended dance seminars by distinguished teachers in Greece and abroad, such as Ulrike Hasbach, Masaki Iwana, Sumako Koseki, Yumiko Yoshioka, Moeno Wakamatsu et al. Alik collaborates with visual artists on the creation of performance and video projects. She works in theater as a performer, actress, dancer and a choreographer. She is also attending acting lessons. From 1999 to present, she dances and teaches Butoh, the Japanese dance theater art form.

<https://alikisea.wordpress.com/>

[Medea KASTANOU - Dancer, Greece](#)

Medea Kastanou graduated "Rallou Manou" and Laban. She works as a dance teacher (ages 3-7 and dancing with parents) and as a dancer in various dance projects in Athens, Greece.

[Marianna MAKRI - Dancer-Performer, Dance Teacher, Choreographer and Involvement Consultant, Therapeutic Movement & Energy Healing Facilitator, Greece.](#)

Graduate of Classical & Contemporary Dance (ESS Nikis Kontaxakis) since 1997 has been teaching Modern dance, dance stretching, Action for actors, Dance & Martial Arts, Intuitive movement & improvisation and Therapeutic dance for women.

She specializes in Contact Improvisation training and teaching, which he teaches in recent years in Athens. As a teacher she has worked in Athens as well as in Theater Schools (G. Theodosiadis - Association of Piraeus Association). She has many years of experience in the study and training of various methods and techniques such as: Contact Improvisation, Butoh, Martial Arts (Ninjutsu), Physical Theater, Axis Syllabus, Feldenkrais, Fasciatherapy - Somatopsychagogy (Method D. Bois). She has also attended the workshops of Stage Design & Performance Lab by Maria Chaniotaki. She has participated in a variety of dance groups and improvisation, Contact Improvisation, Performance and Video dance.

[Eleni NAKOU - Dancer, dance teacher, Greece](#)

Eleni Nakou is a professional dancer, dance teacher in Greece She has graduated from Professional Imperial Dance School Despina Gregoriadou ( 2013) and she also studies at National and Kapodistrian University of Athens -School of Philosophy. She is a dance teacher in Greece at Sylvias Voursoura Dance School, has participate as a dancer in many contemporary performances and classical ballet performances too, from 2011 until 2017. Casted as member of Magnitis Dance group for the production of "Rear Guards" choreographed by Stefania Mulona for Idrima Mixalis Kakagiannis and 2017 was a member of Footsteps Dance Company. She has took part in 11th Dance Festival of Greek Choreographers "Nees Dimamies" as a dancer and in Gala Dance Festival S.I.S.X.E as dancer( 2010-2012) and also as a teacher-choreographer( 2016-2017). She has choreographed an Art Video for "interfaces", written and directed by Paulos Trikodakis (2013). She has also participated in a lot of workshops/seminars for contemporary dance, Physical Theater and ballet.

[Eleftheria RAPTI - Dance/movement artist and researcher, Greece](#)

She holds a practice-based PhD in Dance Studies from the University of Roehampton in London and an MA in Contemporary Dance Performance from the University of Limerick in Ireland. She has also studied Philosophy-Psychology-and Pedagogy at the Philosophy School of Athens University in Greece. She has made and showed work solo and in collaboration and has participated as performer in work by other artists. Her most recent work was made in the framework of Anapoda Festival of performing arts in Rhodes, Greece in September 2016. Eleftheria incorporates in her practice her study of various somatic practices such as Body Mind Centering, and she is a yoga teacher and practitioner. In spring semester 2017 she was teaching in Nafplio Theater Studies Department a module in Contemporary and post-modern dance practices.

**Nefeli STAMATAGIONNIPOULOU - Composer, musician, performer, researcher, Greece.**

Nefeli Stamatogiannopoulou was born in Athens and she is a composer as well as a theatrical and music director/performer. Her music education started when she was young and was quickly led from playing the piano to learning the electric bass and started playing in bands and performances. Having always dreamt of combining Composition with Theatre and Film, she studied at the department of Composition and Performing Arts of the University. Nefeli dealt with improvisation using the Contra-bass and emphasised on the composition in relation to movement. She has been the main composer in many kinds of performances, theatres and films. Also she has presented her work and collaborations at NEZ International Film Festival, BIOS Theater, Drama's Short Film Festival, the Aeschylean Festival in Eleusina, the Onasis Cultural Centre, the theatre of N. Kosmos, the Athens Concert Hall, the Institute Grotowski and more. She is the founding member of the musical group Spooky RedRum and the research artistic group Ov OFF, which has as a main goal the composition in relation with movement and speech.

**Ioanna THANOU - Architect, Movement practitioner, Greece**

Ioanna Thanou is graduate architect of the Technical University of Crete and parallel student in Dance and Movement Studies at the American College of Greece. She is interested in the development of design techniques, which encourage body awareness and mobility, as an extent of her dissertation and graduation project. Augmented corporeality is a key objective, both in her design assignment as well as her artistic research. She has attended workshops of Body and Mind Dance at the Movement Research Laboratory in New York (2017), Performance Making Intensive Laboratory, led by Anna Furse,, and dance classes with distinct teachers, such as Colleen Thomas (NY), Martha Eddy (NY), Linta Kapetanea(Rootlessroot), Dora Hostova, Emmanouela Koriki, etc., as well as she had been member in Athens School of Fine Arts Theatre Team for two years. Participation in various architecture and design workshops and competitions: Mushroom Mycelium in Your Home+Grow it Yourself Workshop at Wanted Design Week, New York, "Architecture meets Robotics", Design Marathon and Master Class, (Israel 2015), RETHINK Athens International Architecture Competition, in association with Ctrl\_Space LAB architects. Meanwhile, she has recently been established in Paris, as a design project manager assistant, realised internship in Parametric design and 3d printing techniques (2016) and worked as freelancer in planning and construction of exhibition booths for Fetrix S.A..

**Chara TZOKA - Actor, performer, Greece**

She studied intensively for two years under the creational spirit of the Lecoq pedagogy in the school of physical theatre "École Internationale de théâtre LASSAAD", in Brussels. Since then she participated in various projects and took part in festivals in Athens and abroad creating performances based in movement, narration and polyphonic singing. With some fellow students she created the international theatre company "Iliact" which work is based on mask playing. She also holds a degree in "Primary Education" from University of Athens.

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**11th ANIMART**

10 - 23 July 2017

Delphi



Under the Auspices of Hellenic Ministry of Culture and Sports  
Under the Auspices of Hellenic Ministry of Tourism  
Under the Auspices of Greek National Tourist Organisation



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- Municipality of Delphi
- Prefecture of Central Greece / Regional Development Fund of Central Greece
- Cine Club of Itea